



People impacted by Hurricane Matthew line up to receive emergency relief supplies

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You Make a Difference



cmmb

Healthier Lives Worldwide

Thanks to your support and care over the past nine months, we have made all this possible:



389,025

people received critical health and social services



\$260

million worth of donated medicines and medical supplies were distributed in 26 countries



704

volunteers delivered over 6,884 days of service in 16 countries



88,568

women received essential medical care, including pregnancy services and prevention and treatment of infectious diseases



160,921

children were given essential healthcare like curative consultations, deworming, vaccinations and growth monitoring



efficiency rate



39,237

people received improved access to nutrition



32,146

home visits to women and children were made by community health workers

[More about our impact: cmmb.org/our-impact](https://cmmb.org/our-impact)

The Importance of Measurement

I am writing this note to you from Kenya, having just visited “Tusaidie Wasichana Waelimike” (“Support Girls to Learn”), our innovative project empowering young adolescent girls in the slums of Nairobi to remain in school.

We are partnering with 123 schools situated in the poorest neighborhoods of Nairobi, to remove barriers that keep girls and young women from finishing school. Some of the interventions include providing girls and young women with volunteer mentors from the University of Nairobi and home visits to the most vulnerable girls.

We are currently helping nearly 4,000 girls stay in school despite the challenges of poverty, abuse and gender discrimination, because we know that school enrollment is the best defense against preventable diseases like HIV and that an education is the quickest path out of poverty.

During my time with the girls, I was moved and impressed by the sense of empowerment they expressed as they shared their school grades with me. They are performing well in standardized exams and are qualifying for the best schools in Kenya.

For the first time in their lives they are being measured

objectively regardless of their social status or economic backgrounds. They are so proud to be recognized and rewarded, something they rarely experience.

These young women are amazing examples of determination and resilience.

As I reflect on this experience, I am reminded about how important measurement is. Just as these girls are measured against recognized standards, we at CMMB need to keep improving the way we measure our results. We owe this accountability to our donors and most importantly, to the people we serve.

The adolescent girls that I met in Nairobi today are an inspiration and motivation to all of us to do more and constantly improve.

Join us as we seek to transform the lives of women and children across the world with measurable and life changing results.

Thank you for all that you do to make the world a better place.

Warmly,



Bruce Wilkinson
CMMB President & CEO



Bruce Wilkinson on a visit to the Kangemi slums in Nairobi, Kenya

Learn more about our programs in Kenya:
cmmb.org/kenya



Your generosity is
changing lives every day

Esperanza means “hope” in Spanish and in the community of La Esperanza, Peru, that is exactly what is being delivered to Ericka and her family.

According to the World Health Organization, it is estimated that 2 in 10 children in the developing world are disabled, either physically, intellectually or both. Most of these children don't have access to essential services and healthcare.

Ericka was born with microcephaly and cerebral palsy, conditions that severely limit her abilities for life. Her father, overwhelmed by the situation, abandoned the family early on.

For the first four years of her life, Ericka spent the majority of her days lying on a bed. Due to the lack of resources, this resulted in Ericka receiving little attention. Apart from being fed and changed, she was often left alone crying, as she had no other way to communicate.

That's when her family was referred to our program which focuses on providing access to quality therapy to children with disabilities. Children in the program receive a minimum of three therapy sessions a week.

Currently there are 78 children in the program with hundreds on a waiting list. One of the biggest benefits for the families in this program is that they get to meet other families who are experiencing similar challenges. Together they support one another. This is particularly important in a context where families with children with disabilities are stigmatized.

At our first meeting we found Ericka lying in bed, unable to move. Her hands were clenched and she was completely unresponsive to those around her.

Due to her need to work and support her family, Ericka's mother couldn't commit to our program. Fortunately, Ericka's grandmother stepped in and took on this responsibility, including moving Ericka into their home.



Ericka working with her physical therapist

Since then, Grandma Alejandrina has accompanied Ericka to every therapy session and dedicated herself to continuing the exercises at home. Progress was slow and there were days when she felt like giving up.

But five years later, Grandma Alejandrina is grateful that they didn't give up. Ericka's life has truly been transformed.

She is now able to hold up her head and is making eye contact with the people around her. She can sit up on her own and has started to stand with some assistance while using special leg braces.

Ericka is also demonstrating higher levels of comprehension, responding to others with the appropriate reactions and following some simple instructions. She has started to communicate with sounds.

“Her smile lights up our life. Her kisses and hugs are our best reward.”

- Ericka's grandfather

“To know that we are not alone, that we have people who support us and who share in our joy of Ericka's accomplishments: that's been so important for us.”

Jessica Saenz

“What CMMB's Rehabilitation with Hope is accomplishing means the world to children with disabilities and their families. It really is delivering so much more than hope. The children are exceeding everyone's expectations as they tackle the physical, cognitive, and emotional challenges that they face. And for their families - who meet with stigma - it is providing a place of shared understanding and support.”



Jessica is a nurse from Texas. She is currently serving as a volunteer in Peru.

Help more children like Ericka: cmmb.org/gift-disabilities



Starvation and cholera threaten thousands of lives in Haiti

Hurricane Matthew, a powerful category 4 storm, made landfall on Haiti on Tuesday October 4th, 2016, devastating the lives of hundreds of thousands of people. While the news about Hurricane Matthew has faded from the media and attention has dulled, the worst is not yet over.

In the lead up to the hurricane and immediately after it hit, our local team and volunteers were among the first responders on the ground. Our Bishop Joseph Sullivan Hospital, scheduled to open March 20th 2017, served as a shelter for many families - already saving lives. CMMB also responded with food, clean water, and other essential supplies. This helped save the lives of thousands of families, but the situation remains desperate.

The rains are unrelenting and with each rainfall, weakened homes, schools, and clinics are washed away.

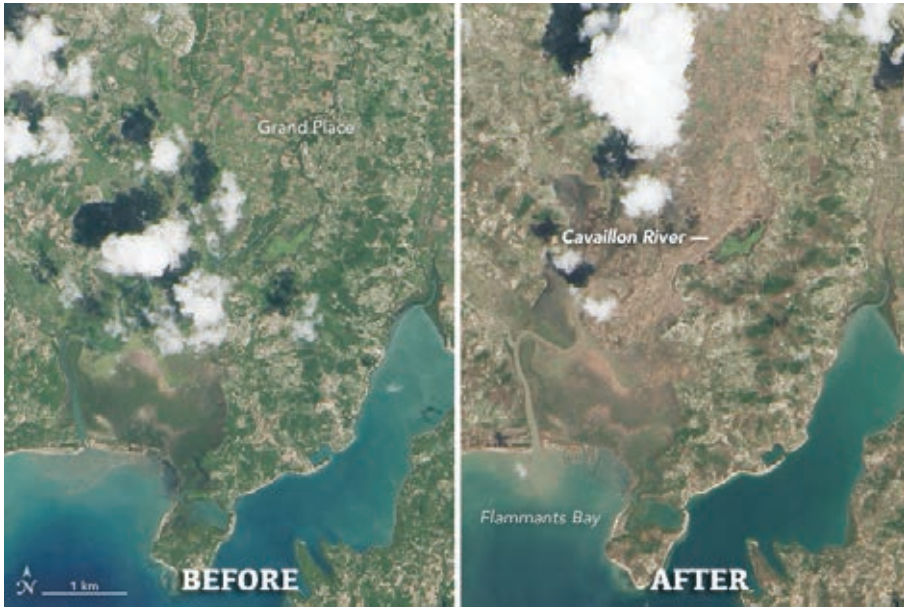
Some of the most fertile regions of Haiti have lost 100% of their crops. 175,000 people are living in 300 shelters without adequate access to clean water and sanitation.

Since the hurricane, an estimated 3,000 people have been diagnosed with cholera. Stagnant water is threatening the spread of malaria, dengue, and Zika. The land is covered in debris and as a result, tetanus is also a concern.

1.4 million people are in need of urgent humanitarian assistance. This wasn't a natural disaster that came and went. This is an active disaster that continues to play out in front of us.

Thanks to the generosity of people like you, we can continue to provide relief to many more families that are in desperate need.

Every family matters.



Satellite images of southern Haiti before and after Hurricane Matthew. Even to the untrained eye, the loss of green vegetation in the image on the right is striking.

Photos courtesy of NASA



A child rests after receiving his "CMMB household recovery kit"



A family stands in front of what is left of their home



Côtes-de-Fer resident outside her destroyed home

You can help

A gift of \$100 will buy a household recovery kit for one family. Each kit includes:

- Water purification tablets, to prevent cholera
- Food
- Hygiene kits
- Household supplies

Help now: cmmb.org/hurricane

Connect with your community

Meet our inspiring volunteers



Brittany Jonap

"I passionately believe that equitable, accessible and affordable medications should be a right for everyone. Not a luxury. Knowing antiretroviral medications are readily available to the people of these communities helps me believe that maybe, just maybe, a world free of HIV/AIDS is possible."

Brittany is a pharmacist from Memphis, Tennessee. She is currently serving as a volunteer in Haiti.



Laura Kyriss

"I have only been here for 3 weeks and have already experienced such joy and such sorrow. It is amazing to me - seeing how hard life is for the people here and yet how joyful they are despite the daily hardship. They really are teaching me so much about gratitude."

Laura is a labor and delivery nurse originally from Omaha, Nebraska. She is currently serving as a volunteer in Kenya.

The power of partnerships

"What I really appreciate about CMMB is that they have created deep partnerships in the community and they actively listen to the residents. And when they listen to the residents, they deeply engage them in the solutions. So it isn't just CMMB coming to provide programs and services, they are getting the community to be part of the solution, part of the care giving, part of the education and I think it's amazing."



Rich Statuto,
President & CEO
Bon Secours Health Systems
CMMB Board member







We began working directly with Mother Teresa in 1978. She occasionally visited our offices in New York to express her thanks for our shipments of donated medicines and supplies.

In celebration of her recent canonization,

Receive a prayer card here: cmmb.org/mother-teresa

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5 years in a row

