

# a Journey to Easter

A special reflection each day to accompany you on  
the journey towards the joy of Easter.

## MARCH 6 ASH WEDNESDAY

Let today be the day you give up who you've been for who you can become.

## MARCH 7

Be on your guard, stand firm in the faith, be courageous, be strong.  
—1 Corinthians 16:13

## MARCH 8

The Lord will fight for you; you have only to keep still.  
—Exodus 14:14

## MARCH 9

"Lent comes provisionally to reawaken us, to shake us from our lethargy."  
—Pope Francis

## MARCH 10

Rejoice in hope, endure in affliction, persevere in prayer.  
—Romans 12:12

## MARCH 11

Above all else, guard your heart, for everything you do flows from it.  
—Proverbs 4:23

## MARCH 12

Come to me, all you who labor and are burdened, and I will give you rest.  
—Matthew 11:28

## MARCH 13

"I attribute my success to this: I never gave or took any excuse."  
—Florence Nightingale

## MARCH 14

I have the strength for everything through him who empowers me.  
—Philippians 4:13

## MARCH 15

Be strong and take heart, all who hope in the Lord.  
—Psalm 31:25

## MARCH 16

"It does not matter how slowly you go, as long as you do not stop."  
—Confucius

## MARCH 17 HAPPY ST. PATRICK'S DAY

May the road rise up to meet you. May the wind always be at your back.

## MARCH 18

For nothing will be impossible for God.  
—Luke 1:37

## MARCH 19

Do not fear: I am with you; do not be anxious: I am your God. I will strengthen you, I will help you, I will uphold you with my victorious right hand.  
—Isaiah 41:10

## MARCH 20

"Most of the shadows of this life are caused by standing in one's own sunshine."  
—Ralph Waldo Emerson

## MARCH 21 FIRST DAY OF SPRING

Seasons change, and so do we. Enjoy the transformation.

## MARCH 22

The earth is the Lord's and all it holds, the world and those who dwell in it.  
—Psalms 24:1

## MARCH 23

For I know well the plans I have in mind for you - oracle of the Lord - plans for your welfare and not for woe, so as to give you a future of hope.  
—Jeremiah 29:11

## MARCH 24

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."  
—Francis of Assisi

## MARCH 25

Let us hold unwaveringly to our confession that gives us hope, for he who made the promise is trustworthy.  
—Hebrews 10:23

## MARCH 26

God is our refuge and our strength, and ever-present help in distress.  
—Psalm 46:2

## MARCH 27

For God did not give us a spirit of cowardice but rather of power and love and self-control.  
—2 Timothy 1:7

## MARCH 28

"Be faithful in small things because it is in them that your strength lies."  
—Mother Teresa

## MARCH 29

May the God of hope fill you all with joy and peace in believing, so that you may abound in hope by the power of the holy Spirit.  
—Romans 15:13

**MARCH 30**

They that hope in the Lord will renew their strength, they will soar on eagles' wings; They will run and not grow weary, walk and not grow faint.

—Isaiah 40:31

**MARCH 31**

Lent is a time to pull up weeds, and plant new seeds.

—Ven. Fulton J. Sheen

**APRIL 1**

Those who trust in themselves are fools, but those who walk in wisdom are safe.

—Proverbs 28:26

**APRIL 2**

Trust in the Lord forever! For the Lord is an eternal rock.

—Isaiah 26:4

**APRIL 3**

"Strength does not come from physical capacity. It comes from an indomitable will."

—Mahatma Gandhi

**APRIL 4**

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

—Galatians 6:9

**APRIL 5**

But you, Lord, do not stay far off; My strength, come quickly to help me.

—Psalm 22:20

**APRIL 6**

"Our greatest glory is not in never falling, but in rising every time we fall."

—Confucius

**APRIL 7**

"God doesn't require us to succeed, he only requires that you try."

—Mother Teresa

**APRIL 8**

Whatever you do, work at it with all your heart.

—Colossians 3:23

**APRIL 9**

Come to me, all you who are weary and burdened, and I will give you rest.

—Matthew 11:28

**APRIL 10**

Though he may stumble, he will not fall, for the Lord upholds him with his hand.

—Psalm 37:24

**APRIL 11**

But as for you, be strong and courageous, for your work will be rewarded.

—2 Chronicles 15:7

**APRIL 12**

For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline.

—2 Timothy 1:7

**APRIL 13**

The valiant one whose steps are guided by the Lord, who will delight in his way, may stumble, but he will never fall, for the Lord holds his hand.

—Psalm 37:23-24

**APRIL 14  
PALM SUNDAY**

Blessed is He who comes in the name of the Lord, Hosanna in the highest.

—Matthew 21:9

**APRIL 15**

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

—Martin Luther King Jr.

**APRIL 16**

"We may encounter many defeats but we must not be defeated."

—Maya Angelou

**APRIL 17**

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

—Romans 15:13

**APRIL 18  
HOLY THURSDAY**

Reflect on the passion of Christ, from garden to glory.

**APRIL 19  
GOOD FRIDAY**

Into your hands I commend my spirit.

—Psalm 31:6

**APRIL 20  
HOLY SATURDAY**

Blessed is the man who perseveres in temptation, for when he has been proved he will receive the crown of life that he promised to those who love him.

—James 1:12

**APRIL 21**

WISHING YOU A BLESSED *Easter!*

He is not here. He has risen. —Mark 16:6

*"Give the world your best,  
and it may never be enough.  
Give your best anyway."*

—MOTHER TERESA

