



cmmmb

Healthier Lives Worldwide



2021-2022

CALENDAR



“A child is a human being of immense worth.”

—POPE FRANCIS

December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November 2021</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	<p>January 2022</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30 31</p>		<p>1</p> <p>World AIDS Day</p>	<p>2</p>	<p>3</p> <p>International Day of People with Disabilities</p>	<p>4</p>
<p>5</p> <p>International Volunteer Day</p>	<p>6</p> <p>Last Day of Hanukkah</p>	<p>7</p>	<p>8</p> <p>The Immaculate Conception of The Blessed Virgin Mary</p>	<p>9</p>	<p>10</p> <p>International Human Rights Day</p>	<p>11</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p> <p>Pope Francis' Birthday</p>	<p>18</p> <p>International Migrants Day</p>
<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p> <p>Christmas Eve</p>	<p>25</p> <p>Christmas Day</p>
<p>26</p> <p>First Day of Kwanzaa</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p> <p>New Year's Eve</p>	



PERU

Young children are especially vulnerable to malnutrition. In Peru, anemia in children under five is widespread, which impacts intellectual and cognitive development. At CMMB, we believe children deserve a healthy start in life. Our work involves the collaboration of community health workers and technical teams to improve eating habits and overall nutrition to reduce the risk of maternal and child malnutrition and anemia.

To donate online visit cmmb.org/calendar



“Each of us, as citizens, has a role to play in creating a better world for our children.”

– NELSON MANDELA

January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
December 2021 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	February 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28					1 New Year's Day
2	3	4	5	6 Epiphany/Three Kings Day	7	8
9	10	11	12	13	14	15
16 World Religion Day	17 Martin Luther King, Jr. Day of Service	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



SOUTH SUDAN

Childhood is supposed to be a time to learn and play, and to be nurtured and protected. Sadly, this isn't always true. In conflict ridden environments, children are usually the ones who pay the highest price for the choices of adults. Catherine Onkware (pictured above) is a critical figure in CMMB's efforts to support and reintegrate former child soldiers back with their families and communities in South Sudan.

To donate online visit
cmm.org/calendar



“Let us pray for peace: peace in the world and in each of our hearts.”

—POPE FRANCIS

February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Lunar New Year	2	3	4 World Cancer Day	5
6	7	8	9	10	11	12
13	14 Valentine's Day	15	16	17	18	19
20 World Day of Social Justice	21 President's Day	22	23	24	25	26
27	28				January 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	March 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



MEDICAL DONATIONS PROGRAM

Whether it is the war in Syria, hurricanes in Latin America, refugee camps around the world, or extreme poverty, the need for medical care is with us every day. CMMB's Medical Donations Program responds to some of the worst humanitarian crises and natural disasters in the world. Working with long-term partners on the ground, we are able to quickly and efficiently ship and distribute essential medicines and medical supplies where they are most needed.

To donate online visit
cmm.org/calendar



“Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.”

—JOHN 4:14

March 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Mardi Gras	2 Ash Wednesday	3	4	5
6	7	8 International Women's Day	9	10	11	12
13	14	15	16 Purim	17 St. Patrick's Day	18	19
20	21 International Day for the Elimination of Racial Discrimination	22 World Water Day	23	24 World Tuberculosis Day	25	26
27	28	29	30	31	February 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	April 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



CLEAN WATER

At CMMB, access to clean, safe water is an important part of the work we do. Last year, one clean water project used rainwater harvesting systems to provide water for schools, health centers and other public facilities in rural Kenya. Access to water makes schools a friendly learning environment and alleviates the need for students and parents to carry water from home to school – often over long distances.

To donate online visit
cmm.org/calendar



A merry heart does good like medicine.

– PROVERBS

April 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>March 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30 31</p>	<p>May 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>				1	2
3	4	5	6	7	8	9
				World Health Day		
10	11	12	13	14	15	16
Palm Sunday				Holy Thursday	Good Friday Passover Begins	
17	18	19	20	21	22	23
Easter	Easter Monday				Earth Day	Passover Ends
24	25	26	27	28	29	30
	World Malaria Day					



COMMUNITY HEALTH WORKERS

Community health workers play a critical role in CMMB's work. Well before the onset of COVID-19, they have been essential to life-saving interventions such as childhood growth monitoring, reaching women for safe pregnancies and more. When the pandemic arrived, their roles became even more important. They adopted new, safe methods to relay information about ongoing interventions and their work expanded to include education on COVID-19 and prevention.

To donate online visit
cmm.org/calendar



“Joy is a gift from God. It fills us from within.”

—POPE FRANCIS

May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 End of Ramadan	2 Eid al-Fitr	3	4	5 National Day of Prayer	6	7
8 Mother's Day	9	10	11	12 International Nurses Day	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Ascension Day	27	28
29	30 Memorial Day	31			April 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	June 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



MATERNAL HEALTHCARE

From Haiti and Peru, Kenya, South Sudan and Zambia, CMMB has continued quality and safe healthcare for mothers during the pandemic. Last year alone, CMMB helped almost 125,000 pregnant women access life-saving antenatal care and delivery services by partnering with rural hospitals and clinics to strengthen their maternal healthcare services. Healthcare is a human right – no matter where a child is born.

To donate online visit
cmm.org/calendar



“The youth can walk faster, but the elder knows the road.”

—AFRICAN PROVERB

June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>May 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>	<p>July 2022</p> <p>S M T W T F S</p> <p>1 2</p> <p>3 4 5 6 7 8 9</p> <p>10 11 12 13 14 15 16</p> <p>17 18 19 20 21 22 23</p> <p>24 25 26 27 28 29 30</p> <p>31</p>		1	2	3	4
5	6	7	8	9	10	11
Pentecost						
12	13	14	15	16	17	18
				Feast of Corpus Christi		
19	20	21	22	23	24	25
Father's Day	World Refugee Day					
26	27	28	29	30		



VOLUNTEERS

Volunteers play an essential role at CMMB. They offer their life-long skills and compassionate care to communities who need them desperately. Pictured above is Dr. Mike Pendleton, a volunteer who traveled to Mother of Mercy Hospital in Sudan to provide healthcare for the people along with Dr. Tom Catena. Dr. Pendleton is humble about his role, "These folks have survived so much, from war and bombings to drought. Their heroism is pretty amazing."

To donate online visit
cmmmb.org/calendar



**“Fear knocked on the door, Faith answered.
No one was there.”**

– PROVERB

July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>June 2022</p> <p>S M T W T F S</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30</p>	<p>August 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>				1	2
3	4 Independence Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Nelson Mandela International Day	19	20	21	22	23
24	25	26	27	28	29	30 World Day Against Trafficking in Persons
31						



WATER PUMPS

Globally, more than 2 billion people don't have access to clean drinking water. The burden of fetching water, often more than an hour away, falls disproportionately on women and young girls who may miss school. A single water pump installed by CMMB in Haiti brought great joy to the community! It saved people hours of walking to a river that animals drank from and people bathed in. Now, even people from other communities and nearby cities come to get water there because they know it is pure and safe.

To donate online visit
cmm.org/calendar



“Health is wealth. Peace of mind is happiness.”

—VISHNUDEVANANDA SARASWATI

August 2022



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14	15 <small>Assumption of the Blessed Virgin Mary</small>	16	17	18	19 <small>World Humanitarian Day</small>	20																																																																																											
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BETTER HEALTH FOR ALL

Community health workers in Kenya are a crucial link to healthcare at the household level, where there are not enough doctors or nurses to serve each community adequately. They are trained to treat common illnesses in children under five, support maternal health including timely referrals for antenatal care and hospital-based delivery. Simply put, they are frontline health workers who can treat preventable illnesses and promote better health.

To donate online visit cmmmb.org/calendar



“It is love alone that gives worth to all things.”

—TERESA OF AVILA

September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>August 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>	<p>October 2022</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30 31</p>			1	2	3
4	5 Labor Day	6	7	8 International Literacy Day	9	10
11 Grandparents Day	12	13	14	15	16	17
18	19	20	21 International Day of Peace	22	23	24
25 Rosh Hashanah Begins	26	27 Rosh Hashanah Ends	28	29	30	



PERU

We are helping many women in the mountains of Peru to understand all the benefits of delivering their babies at a health center. CMMB works with community health workers to ensure that mothers-to-be receive information to keep them healthy through their pregnancies and afterward. This four-month old girl is happy and healthy, and she and her mom participate in early-infant stimulation classes.

To donate online visit
cmmb.org/calendar



**“Every morning is a new beginning,
a new blessing, a new hope.”**

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	November 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					1
2	3	4 Yom Kippur Feast of St. Francis of Assisi	5 World Teachers Day	6	7	8
9 Sukkot Begins	10 Columbus Day Indigenous People's Day	11	12	13	14	15
16 Sukkot Ends World Food Day	17 International Day for the Eradication of Poverty	18	19	20	21	22
23 World Mission Sunday	24 Halloween	25	26	27	28	29
30	31					



MALNUTRITION

Acute malnutrition is one of the leading causes of death and disease in children under the age of five. For those who survive, it has devastating, life-long consequences on health and development. Community health workers regularly screen children for malnutrition by measuring the circumference of their arm. Children in danger, “the red zone” are referred to health facilities for care.

To donate online visit
cmmb.org/calendar



**“It is not happy people who are thankful.
It is thankful people who are happy.”**

November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 All Saints' Day	2 All Souls Day	3	4	5
6	7	8	9	10	11 Veterans' Day	12
13 World Kindness Day	14	15	16 International Day for Tolerance	17	18	19
20 World Children's Day	21	22	23	24 Thanksgiving	25 International Day for the Elimination of Violence Against Women	26
27 Advent Begins	28	29 Giving Tuesday	30		October 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	December 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



COMPASSIONATE CARE

At CMMB, doing Christ's work here on earth is at the heart of everything we do. We have a deep sense of responsibility to our fellow humans. Together, community health workers, volunteer doctors and nurses and generous donors form a chain, with each link as important as the next, built around compassion, care and faith.

To donate online visit
cmm.org/calendar



**“And now these three remain: faith, hope, and love.
But the greatest of these is love.”**

– CORINTHIANS 13:13

December 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>November 2022</p> <p>S M T W T F S</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30</p>	<p>January 2023</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>			<p>1</p> <p>World AIDS Day</p>	<p>2</p>	<p>3</p> <p>International Day of People with Disabilities</p>
<p>4</p>	<p>5</p> <p>International Volunteer Day</p>	<p>6</p>	<p>7</p>	<p>8</p> <p>The Immaculate Conception of The Blessed Virgin Mary</p>	<p>9</p>	<p>10</p> <p>International Human Rights Day</p>
<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p> <p>Pope Francis' Birthday</p>
<p>18</p> <p>First Day of Hanukkah International Migrants Day</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p> <p>Christmas Eve</p>
<p>25</p> <p>Christmas Day</p>	<p>26</p> <p>Last Day of Hanukkah First Day of Kwanzaa</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p> <p>New Year's Eve</p>



WOMEN AND CHILDREN

Women and children are among the most vulnerable populations in the world. Despite important roles within their communities, too many women and children lack access to quality healthcare, adding to other threats to their well-being. At CMMB, we believe that when we empower women to overcome the effects of poverty and poor health, they can and will live full and productive lives – and so will their children, families and communities.

To donate online visit cmmb.org/calendar



December 2021



January 2022



February 2022



March 2022



April 2022



May 2022



June 2022



July 2022



August 2022



September 2022



October 2022



November 2022



December 2022

Inspired by the example of Jesus, CMMB works in partnership globally to deliver locally sustainable, quality health solutions to women, children, and their communities.



100 Wall Street, Floor 9
New York, New York 10005
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cmmb.org/calendar



Charity Navigator has ranked us a four-star charity for the tenth year in a row.