



OUR JOURNEY

2022 Annual Report



cmmb
Healthier Lives Worldwide

YOU WERE THERE

Dear Friends,

In the journey of life, do you ever wonder what those who preceded us would make of our progress? At the Catholic Medical Mission Board (CMMB), our answer is clear. With a legacy that dates back over 110 years, we feel certain that our founder, Dr. Paluel Joseph Flagg, would be moved by your commitment to our mission—and the resulting change we've been able to achieve in the lives of mothers and children around the world.

Thank you for staying with us every step of the way.

You were there with us in Peru, inspiring moms like Andrea to become community health workers. Andrea enables children with disabilities, like her own daughter, to achieve their dreams. You were there in Zambia, where community health workers like Manga are supporting moms with clean, safe water solutions to keep their precious children healthy. And you were there in war-ravaged Ukraine, providing medicines and supplies that courageous healthcare workers like Dr. Mary desperately needed to care for the wounded.

These are but a few of the heroic health workers whose everyday journeys we celebrate in this report. With love for their neighbors, they are the ones who put your support into action. The results: Together, we reached over 1.7 million pregnant women, children, and community members last year with life-changing health and healing, improving human dignity for all.

Thank you for journeying with us as we continue our life-changing work.



Mary Beth Powers
PRESIDENT AND CEO
@MARYBETH_CMMB



Stephen Sichak
CHAIR, CMMB BOARD
OF TRUSTEES



YOUR JOURNEY CONTINUES HERE ...

- 4 110-Year Reflection
- 6 Our Global Impact
- 8 Our Mission in Action
- 24 Because of You
- 36 Our Leadership and Financials

110-YEAR REFLECTION

On September 18, 2022, CMMB gathered with supporters like you at the magnificent St. Patrick's Cathedral in New York City. Our purpose: to celebrate you, community health workers worldwide, and the meaningful impact you make possible every year.



2022 CAMPAIGN: COMMUNITY HEALTH WORKERS

Imagine walking miles over rugged terrain. Your neighbors, both near and far, depend on you—their lives are in your hands. Who are you? You are a trusted community health worker.

Community health workers travel daily to visit families at their homes, providing basic medical care and educating pregnant moms about the importance of giving birth at a facility.

“There were so many mothers delivering at home and losing their babies,” said Jennifer, a community health worker in a rural area of Kenya.

This was the sobering reality that motivated Jennifer to become a community health worker to teach moms to keep their babies healthy.

Community health workers like Jennifer save lives—and you are helping them save more. Last year, in honor of our 110th anniversary, we set out to equip community health workers with lifesaving resources, like bicycles for transport and backpacks filled with basic medicines.

For more, visit cmm.org/chw

2022 Results



5,850 health workers supported

366,897

children under the
age of five, able to
survive and thrive

\$376M

worth of medicines
and medical supplies
distributed globally

298,578

people reached at
home by community
health workers

1,769,363

people reached with
access to health and other
life-changing services

YOUR SUPPORT TRAVELS FAR

Just look at what your generosity
made possible in the last year.

152,178

pregnant women
reached with essential
care services

121,723

people reached
with lifesaving access
to HIV services

432,541

people with better
access to safe water
and sanitation

Medical donations distributed to 37 countries:
Bangladesh, Bolivia, Brazil, Cameroon, Cuba, Dominican Republic, Ecuador,
El Salvador, Ethiopia, Ghana, Guatemala, Guinea, Haiti, Honduras, Israel,
Jamaica, Jordan, Kenya, Lebanon, Liberia, Madagascar, Mexico, Namibia,
Nigeria, Palestinian Territories, Peru, Philippines, Sierra Leone, South
Sudan, Sri Lanka, Sudan, Syria, Tanzania, Uganda, Ukraine, Yemen, Zambia

Offices:
Haiti, Kenya, Peru, South Sudan, United States, Zambia



OUR MISSION IN ACTION

CMMB is on a mission to support the world’s moms and children to lead healthy, dignified lives. Our work is guided by our signature strategy, called CHAMPS (Childrens and Mothers’ Partnerships). Here’s how it works: Our experts collaborate with global and local partners to create responsive and sustainable healthcare solutions. Then we equip and support frontline health workers and facilities to effectively deliver these solutions.

SAFE DELIVERIES

Because of you, moms and babies living in challenging conditions can survive and thrive. Together, we’re working to end preventable maternal and newborn deaths.



FAITH BELIEVES IN MIRACLES

“What has happened [here],” says Faith, the new mother of baby Rosemary, “is a miracle!” Moms in Kenya are connected with care because of community health workers like Augustine. He sometimes journeys over 15 miles daily, usually by bike, to help moms prepare for the miracle of life.

Like so many women in this remote, rural community, Faith had long struggled to access even basic maternal care. There were the miles-long distances, without means for travel, to low-resource health facilities. There were the closely-held misconceptions that “strong” women delivered at home without skilled

birth attendants. Tragically, such challenges create life-threatening risks to moms and babies worldwide.

Thanks to you, CMMB-supported community health workers like Augustine are trained to offer different ways of thinking and new skills, provide essential care, and promote our newly built, easy-to-reach maternity wards, so moms like Faith can deliver safely.

Last year, community health workers helped enable 4,260 pregnant women to seek skilled deliveries at health facilities in Kenya. We’re supporting similar work in South Sudan, where 6,825 pregnant women welcomed their newborns through skilled deliveries at health facilities.

2022 Results



50,100
pregnant women attended at least one prenatal care visit



25,628
newborns received postnatal care within their first week of life



18,443
pregnant women gave birth at a health facility with the support of a skilled birth attendant

A HEALTHY START

Like you, CMMB believes in a healthy start for every child—the very foundation of a bright future. That’s why we’re hard at work enabling access to child healthcare across the globe, especially in low-resource communities.

YOU’RE SAVING LIVES!

Here’s how: Supporters like you supplied the bicycle ... that carried Santina to a child ... whose life was saved! Thanks to you, Santina, a CMMB-trained community health worker, bikes about six miles daily to serve children in South Sudan.

Deadly malaria is widespread across South Sudan, among other childhood health challenges. That’s why we equip community health workers like Santina to administer testing and provide basic treatment—making referrals as needed.

Santina was on her regular rounds when a mom named Susan anxiously approached to ask about her three-year-old son Ganiko’s high fever. Thanks to her training and resources, Santina was immediately able to diagnose and begin treatment for the malaria that could have resulted in tragedy.

“I almost lost my child,” says Susan.

Santina, whose name means “little saint,” is inspired by the example of Jesus. Her work involves educating caregivers about child health, including the importance of vaccinations, and promoting healthy practices. She encourages families to seek trained healthcare support whenever children are sick, and she provides follow-up care.

Thanks to you, our health work in South Sudan reached 368,137 pregnant women and children under five and reduced susceptibility to life-threatening diseases, like diarrhea, malaria, and pneumonia last year.

2022 Results



21,122

little ones under age one, fully immunized against deadly childhood diseases



20,527

cases of childhood diarrhea and pneumonia treated



9,820

children treated for malaria

A DIGNIFIED LIFE

Life can be challenging for children with disabilities, especially when there is little access to care. Your dedication to CMMB's mission puts us to work in places where incomes are low and resources scarce—so every child can lead a life of dignity. We engage and support families, provide access to quality therapies, and encourage inclusiveness in communities.

DREAMS FOR MY DAUGHTER

Supporters like you make this story possible. It's about a mother named Andrea and her daughter Leslie from Peru. Andrea was anxious over Leslie's struggle to speak. Inspired by the community health workers who support Leslie, Andrea became one herself. She even dreams that Leslie, 20, will someday follow in her footsteps.

Andrea's challenging work as a CMMB-trained community health worker involves engaging and supporting caregivers with therapies for children who have disabilities. She also works in communities to ensure all children are included and able to fully participate. Leslie is acquiring the skills she needs to lead her best life, as independently as possible.

"My dream for Leslie," says Andrea, "is that she stand on her own two feet."

A testament to Andrea's caring commitment to her work, she adds, "CMMB is my family—my home."

CMMB's Rehabilitation of Hope program in Peru—designed to increase quality care, family engagement, and social inclusion for children with disabilities and their families—is considered a model of care throughout the region. Our Kusamala project in Zambia supports children with community-based rehabilitation and provides information and connection through Family Circles of Care.

2022 Results



821

children with disabilities supported with life-changing services

NOURISHING FAMILIES

Malnutrition can have devastating, even deadly, consequences. That's why we work within communities around the world to both prevent and treat malnutrition among babies, children, and pregnant women. Together, we're helping families grow and thrive.

SHARING LIFESAVING LESSONS

Angelica learned about malnutrition when her daughter was born with anemia. Thanks to supporters like you, both mother and baby are now healthy. Now a mother of six, Angelica is a community health worker in Peru, journeying each day to bring these lifesaving lessons to others.

"I loved being a mom at CMMB," says Angelica. Not only were the community health workers kind and respectful, they were knowledgeable. They helped Angelica learn how to keep herself and her family well-nourished, with improved eating habits and balanced meals. They also provided nutritional supplements to her daughter and checked in regularly to ensure she was thriving.

Angelica is the knowledgeable one now, trained by CMMB in lifesaving nutrition. CMMB continues to support Angelica as she shares her knowledge and care skills with her neighbors—with the same kindness and respect she was shown.

"CMMB has taught me a lot," Angelica says. "To grow as a person. To be a stronger woman. To value myself. To love myself."

Since 2019, you have helped us reduce anemia in CMMB-supported communities of Peru by more than 20%. In South Sudan, we treated 18,086 children for malnutrition at health facilities.

2022 Results



156,004
children under age five,
received Vitamin A
supplements



21,463
children treated
for varying levels
of malnutrition



11,445
women receiving
prenatal vitamins

WATER CHANGES LIVES

Water is basic to life itself. When water is scarce or unsafe, life can be a struggle. Thanks to you, CMMB transforms lives by bringing clean, safe water and sanitation solutions to mothers, children, and communities around the world.

INSPIRED BY SERVING SAVIOUR

Every day, Manga journeys over three miles, on foot, to reach the resilient people in the remote villages she serves. Why? Because they inspire her. Thanks to you, Manga is a community health worker in Zambia, trained and supported by CMMB.

“The biggest challenge my communities face,” says Manga, “is access to clean, safe water.” The nearest well is many miles away. So people often draw from local sources, like ponds. The problem is contamination, due to poor sanitation. People get sick—and sometimes die. Moms and children are especially vulnerable.

Manga is on a mission to help people understand the importance of clean, safe water, sanitation, and hygiene (known as WASH). She also supports local improvement efforts—like building latrines.

One woman’s story is especially inspiring to Manga. Single mother Saviour couldn’t afford to hire help, but she was determined. So she learned how to construct a household latrine on her own. “The latrine is very important to me, that is why I built it,” Saviour says proudly.

“Thank you for improving lives in my communities,” adds a grateful Manga.

This is but one example of the life-changing water work you helped make possible last year. In all five of the countries we serve, CMMB brought clean, safe water into homes, schools, and health facilities supporting low-resource communities. In South Sudan, in partnership with The Procter and Gamble Company (P&G), we distributed over 4.5 million water purification resources to communities with little to no access to safe water.

2022 Results



7.8M

water purification products distributed to families and their communities



65,109

families at home supported with better access to clean water



36,500

people reached with better access to clean, safe water, thanks to repairs to hand pumps

CHANGING PERCEPTIONS

CMMB believes in human dignity, respect, and equality. Far too many of the world's women and girls are likely to experience gender-based discrimination and violence. Thanks to you, CMMB is helping to change perceptions about gender and build a more equitable world.

CHAMPION OF CHANGE

"I won't rest," says Cindy*, "until I have contributed to healthy gender relationships." Thanks to you, this wife and mother from Zambia is a CMMB-trained champion of change. Cindy journeys an average of two miles daily on foot to spread gender-focused messages and engage her neighbors in ways that transform lives.

Cindy's passion for her calling is inspired by her own life experience. She and her husband once struggled in a relationship that, because of gender norms, wasn't

equal. Then the couple started participating in a CMMB-supported program designed to challenge and change inequitable gender beliefs and behaviors. Now they have a "joyful marriage," says Cindy, based on mutual dignity, respect, and equality.

As a CMMB-trained community champion of gender issues, Cindy gives back by bringing joy to others. She encourages gender-related conversations among community members, stands up against gender-based violence, and advocates for positive social change.

**Name changed for confidentiality*

Thanks to you, CMMB works in Zambia to prevent gender-based violence, support survivors, and enable champions through our Prevent! project. Last year, the project reached 319,342 women, men, and adolescents. Gender-based violence is also a known risk factor for HIV infection. In Zambia, we help parents confidently raise teenagers, while standing up against harmful situations for young women and girls. In Kenya, we teach young people about forms of gender-based violence and provide them with resources and support if they experience or witness it—including legal help.

2022 Results



209,489

people reached with messages on preventing gender-based violence in their communities

“GO AWAY, AIDS!”

For decades, CMMB has been a global leader in HIV/AIDS prevention and treatment, working to drive down the rate of new HIV infections and to keep those infected on treatment. Together, with continued investment in communities, we aim to achieve an AIDS-free generation. In the words of our Haiti project title, “Go Away, AIDS!”

MAN ON A MEANINGFUL MISSION

Your compassion inspires heroic, CMMB-supported community health workers like Daniel* from Haiti. Despite continuing civil unrest, Daniel puts our mission into meaningful action—journeying about 25 miles a day, mostly using public transportation. “I feel proud,” he says, “to take care of myself and others.”

Once near death from HIV-related illness and now on treatment, Daniel gives back by educating community members on prevention and testing, plus the importance of staying with treatment. He distributes medications and makes referrals. He also supports patients’ loved ones and makes home visits, especially where children are involved.

Daniel’s support of one special family of four began when, on learning of their symptoms, he encouraged husband and wife to get tested—both were HIV-positive. Then they discovered their small son, just four years old, was HIV-positive, too. Today, all family members are on treatment and healthy—with a true hero in Daniel.

**Name changed for confidentiality*

Year after year, our award-winning HIV program in Haiti, now known as ALESIDA2, has excelled at identifying new cases and keeping those who test positive on treatment. As a result, the U.S. Government has recognized CMMB as a top partner implementing HIV programs. Thanks to you, we also helped over 79,400 young people in Zambia gain access to HIV services through our Empowered Children and Adolescents Program. And in Kenya, through our project with Kenya Red Cross and the Global Fund, we reached 19,559 people, contributing to the national vision for universal access to healthcare.

2022 Results



41,148

people who tested positive for HIV, now on lifesaving medication



121,723

people educated and supported with access to HIV testing and services



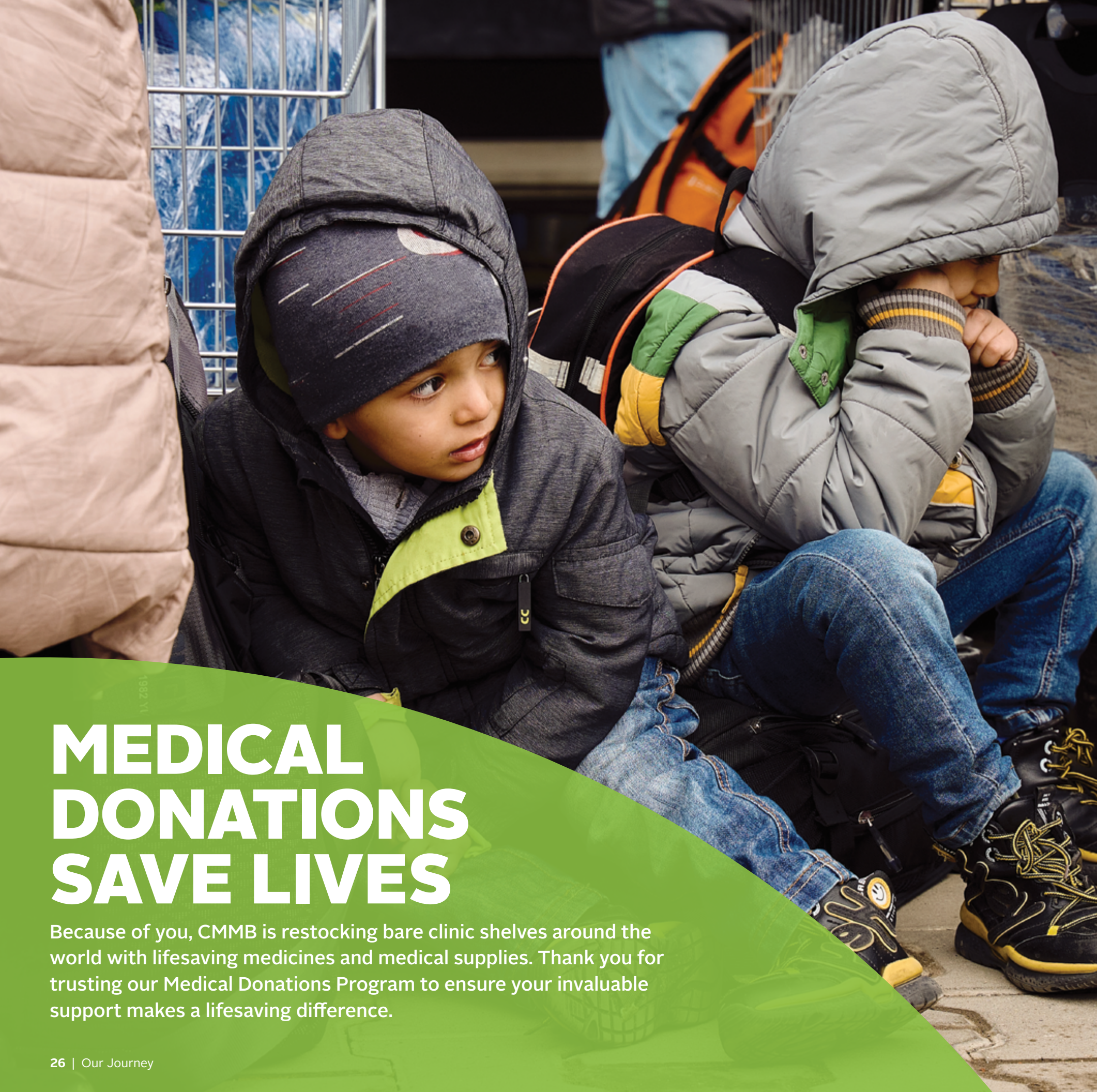
30,993

people whose virus is undetectable through treatment



BECAUSE OF YOU

As illustrated so powerfully in the stories of health workers shared in this report, your support transforms lives. From all of us at CMMB, thank you for so generously giving to our mission last year—whether in donated medical supplies, volunteer time and expertise, or dollars. We hope that in giving, your life is changed, too.



MEDICAL DONATIONS SAVE LIVES

Because of you, CMMB is restocking bare clinic shelves around the world with lifesaving medicines and medical supplies. Thank you for trusting our Medical Donations Program to ensure your invaluable support makes a lifesaving difference.

YOUR DONATIONS, WHERE THEY'RE NEEDED MOST

Armed conflict can severely disrupt public health systems, impacting healthcare facilities and operations, as well as making it impossible for families faced with violence and displacement to find medicines or medical supplies.

Dr. Mary, a pediatric neurologist in Lviv, Ukraine, is now seeing this reality first-hand as a result of Russia's invasion early in 2022. She's spent her career caring for children with epilepsy—and now, for children caught in the crossfire of war.

"The world is tired of our war, and we are tired too," says Dr. Mary.

At the start of the conflict, Dr. Mary's days were overwhelmed by caring for children wounded in bombings—often without access to medical products needed to treat those children. The anti-seizure medications she used for her epilepsy patients, already in short supply before the war, became nearly impossible to source.

Since those early days, much has changed for Dr. Mary and her patients—in part thanks to your steadfast support and to CMMB's remarkable distribution partners, including Razom for Ukraine.

Our Medical Donations Program delivers urgently needed medications and supplies into the hands of healthcare workers like Dr. Mary. Last year we delivered 25 shipments of over 100 pallets of medicines, medical supplies, and hygiene products to Ukraine to treat the injured and save lives. Globally, we support health facilities by contributing a wide range of products, including diabetes medications and cancer treatments. Whether due to war, economic insecurity, humanitarian crises, or natural disasters, nobody's health should suffer because they can't access the treatments they need to survive.

2022 Results



\$376M

worth of medicines and medical supplies distributed



3,757

health facilities in our network of global partners



37

countries received medicines and medical supplies



OUR VOLUNTEERS

Volunteering and giving back are at the heart of CMMB's mission. Last year, you became part of it. You gave your time. You sharpened the skill sets of local health workers. And you learned much in return. Your selfless service inspires the next generation of local health workers to learn, grow, and lead.

INSPIRING HEALTH WORKERS

Walk through the small but bustling maternity ward at the Mutomo Mission Hospital in Kenya. You'll find Ryan, a CMMB international volunteer nurse, making rounds with nurse Juliana. She is helping Ryan navigate a new local language and culture since he arrived in Mutomo.

Ryan is helping Juliana and other staff in the maternity ward gain new skills for newborns facing life-threatening complications. The rest of Ryan's time is spent learning from others—like his colleague Juliana.

"I not only think about what my prior skills and experiences can bring to the table," said Ryan, "but also of what I can learn and benefit from—what the other nurses and hospital staff can teach me."

Volunteers help health facilities around the world improve the quality of patient care. Ryan volunteered in person, but other CMMB volunteers, like Dr. Joseph, support health workers both in person and virtually.

This year, Dr. Joseph, an OB-GYN working with CMMB's South Sudan team, launched a powerful remote learning clinical program with support from ICAP at Columbia University. In collaboration with our colleagues in South Sudan and New York, Dr. Joseph shares real-life, clinical case studies in maternal and newborn health, and local health workers learn from his expertise. Dr. Joseph's mix of in person and virtual training allows the learning to continue—even across borders. To date the virtual training has helped train over 100 local health workers.

For more on our volunteer program, visit cmmb.org/volunteer

2022 Results



20,854

hours spent
volunteering



7

countries
supported with
CMMB volunteers



78

volunteers



OUR COMMUNITY OF PARTNERS

We love what we do, but we can't do it alone. We are better together. Because of you, we are making a transformative impact on the health and well-being of families, bringing them dignity and uplifting lives.

Corporate Partners

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 The Chicago Community Trust
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 The Mary J. Heerdt Charitable Trust
 The Mary Louise Foundation, Inc.
 The McDonald Family Foundation
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 Ztyl Foundation

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 Catholic Order of Foresters
 Christ The King Church Outreach
 Clark County Cattlemen's Association, Inc.
 Damien-Dutton Society

Dominican Sisters, Grand Rapids
 Foundation Source
 IHHEA
 Latter Day Saints Charities
 Mercy Family Practice, PC
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 Network for Good
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 Union That Nothing Be Lost, Inc.

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Multilateral and Bilateral Partners

Africa Centres for Disease Control and Prevention
 Centers for Disease Control and Prevention
 The Global Fund to Fight AIDS, Tuberculosis and Malaria
 UNICEF
 United Nations Voluntary Trust Fund (UNVTF)
 USAID
 World Food Program

Our sincere apologies for any inadvertent omissions from this list.

Featured Partner



SHARING EXPERTISE; SAVING LIVES

At CMMB, we value using your donations effectively and efficiently. So when trusted partner Johnson & Johnson (J&J) volunteered to help us explore how to enhance our Medical Donations Program, we jumped at the opportunity.

J&J put together a pro bono team of in-house experts to review and assess how to increase patients' access to quality medicines in resource-poor countries. The J&J team based their analysis on valuable input from partners providing medicines to CMMB and from organizations receiving our donations around the globe. Together, they discussed questions like: What is working and what can be improved? How can the program grow and be more efficient? What is the impact on the local market and economy?

The project was completed in late 2022. The J&J team concluded that CMMB's Medical Donations Program, with its vast and reliable distribution network, fills a critical need for lifesaving medicines and medical supplies around the world. But there's an opportunity to have a greater impact.

Among the many recommendations that CMMB will be taking are to leverage technology, build the skills of local partners, and explore new business models that increase access to the most-needed medicines.

Thank you, Johnson & Johnson. Your support is helping CMMB to transform the way we work in the future.

YOU MADE A DIFFERENCE

Thank you for supporting transformational hope to women,
children, and communities around the world.

\$250,000+

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Estate of James G. Phillipp

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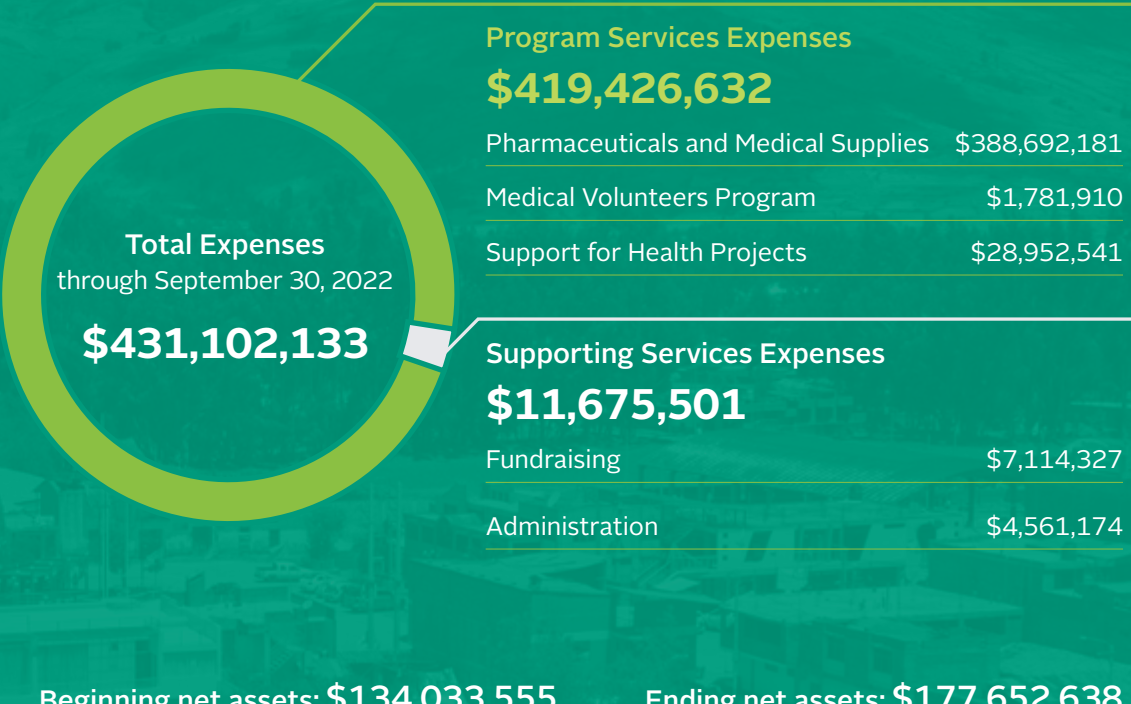
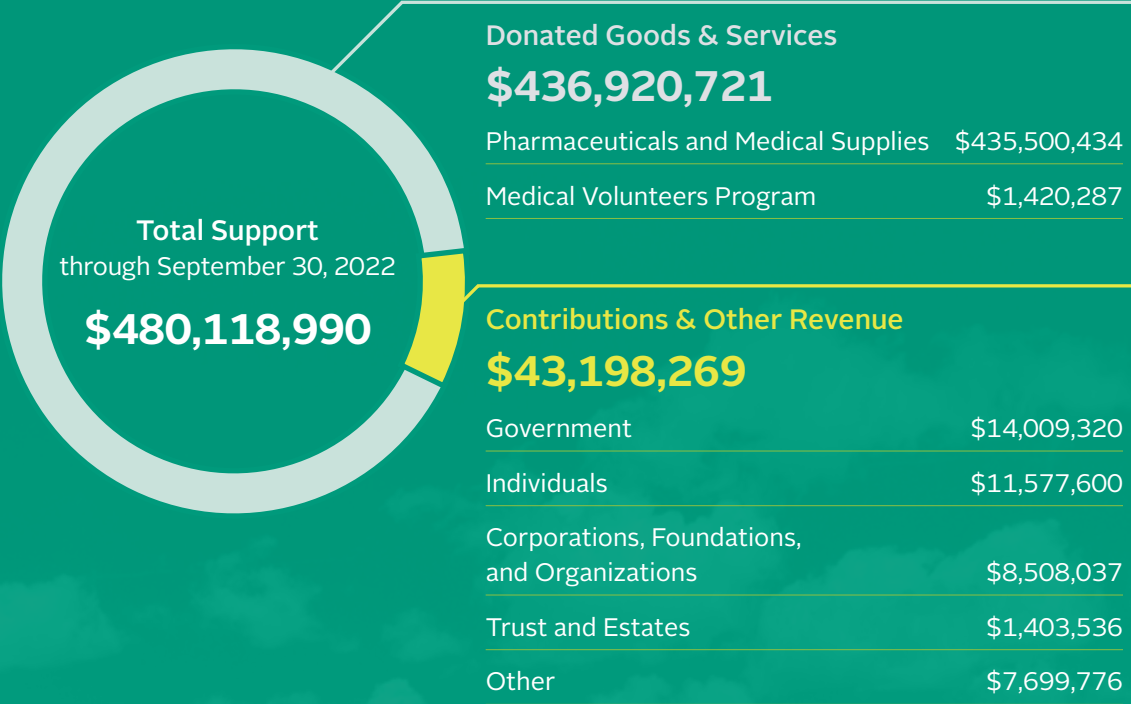
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Stewardship in FY 2022 (US Dollars)



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Ending net assets: \$177,652,638



98%

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***Our Mission:** Inspired by the example of Jesus, CMMB works in partnership globally to deliver locally sustainable, quality health solutions to women, children, and their communities.*

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Cover: CMMB staff and community health workers in their community (Peru), Omar Lucas/Getty Images for CMMB. 2022.

Pg. 2-3: Community health workers and CMMB President and CEO Mary Beth Powers attend a groundbreaking for a newborn care unit at a hospital (Kenya), Luis Tato/Getty Images for CMMB. 2022.

Pg. 4-5 (clockwise from top): CMMB Board Chair Steve Sichak speaks at CMMB's 110th Anniversary Brunch (United States), Mike Lawrence/Getty Images for CMMB. 2022.

A CMMB-trained community health worker assesses a child's health during a home visit (Zambia) Gareth Bentley for CMMB. 2022.

St. Patrick's Cathedral (United States), Mike Lawrence/Getty Images for CMMB. 2022.

Community health worker Charo logs the health details of pregnant mother Maryrose (Peru). Omar Lucas/Getty Images for CMMB. 2022.

A local health worker uses a bike, provided by CMMB, to visit patients (Zambia), Gareth Bentley for CMMB. 2019.

His Excellence Archbishop Gabriele Cassia and His Eminence Timothy Cardinal Dolan join CMMB staff and board members at St. Patrick's Cathedral (United States), Mike Lawrence/Getty Images for CMMB. 2022.

Pg. 8-9: Community health worker Dorcas walks with Purity and her son (Kenya), Luis Tato/Getty Images for CMMB. 2022.

Pg. 10-11: Jedidah holds her baby while waiting for a medical examination (Kenya), Luis Tato/Getty Images for CMMB. 2022.

Pg. 12-13: A child carries a baby on his back (South Sudan), Gareth Bentley for CMMB. 2018.

Pg. 14-15: Community health worker Andrea hugs her daughter, Leslie (Peru), Omar Lucas/Getty Images for CMMB. 2022.

Pg. 16-17: Community health worker Angelica prepares a meal for her children at home (Peru), Omar Lucas/Getty Images for CMMB. 2022.

Pg. 18-19: A boy washes with clean, safe water from a CMMB-funded borehole (Zambia), Gareth Bentley for CMMB. 2022.

Pg. 20-21: Women celebrate in their community (Zambia), Elena Solana for CMMB. 2022.

Pg. 22-23: Health workers prepare medicine at a clinic (Haiti), Sebastien Narcisse. 2019.

Pg. 24-25: Two mothers carry their babies (Zambia), Elena Solana for CMMB. 2022.

Pg. 26-27: Refugee children from Ukraine arrive at the border crossing in Korczowa (Poland), Damian Pankowicz for Shutterstock. 2022.

Pg. 28-29: CMMB International Volunteer Nurse Ryan and Nurse Lucia attend to Mwongeli and her newborn baby boy (Kenya). Emma Roxstrom for CMMB. 2022.

Pg. 30-31: Kambua smiles and sits with her baby along with other mothers at a local health clinic (Kenya), Luis Tato/Getty Images for CMMB. 2022.

Pg. 33: A CMMB staff member ships emergency kits from CMMB's distribution warehouse (United States), Elena Solana for CMMB. 2019.

Pg. 36-37: District in the province of Huancaayo (Peru), Omar Lucas/Getty Images for CMMB. 2022.

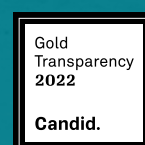
Pg. 38-39: Women collect water in the Mwandi region (Zambia), Gareth Bentley for CMMB. 2018.



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